



EXTENDED FAMILY RETREAT



October 11-14, 2024
YMCA Trout Lodge - Potosi, MO

Who is invited to attend the retreat?

C.O.P.S. Extended Family Retreat is planned for the surviving extended family members and their spouse/domestic partner* (21 years or older) of law enforcement officers who died in the line of duty, as determined by C.O.P.S. criteria.

Eligible family members include: aunts, cousins, grandchildren, grandparents, in-laws (on the spouses side of the family), nephews, nieces, and uncles. Couples, as well as individual extended family members, are encouraged to attend. Other relatives and friends are not eligible to attend.

*Domestic partner is defined as a long-term committed legal or interpersonal relationship between two individuals who live together and share a common domestic life (i.e. not just a boyfriend/girlfriend).



How will the retreat benefit me?

After the loss of their officer, extended family members typically assist the immediate family members with their grief and want to know how to better help them. These subjects are addressed, as well as how to handle their own grief.

This retreat is also fitting for non-traditional families where an officer was raised by someone other than their biological parents. C.O.P.S. Extended Family Retreat will give you the opportunity to attend sessions specifically designed for your needs, participate in challenging and fun activities, and receive support from peers who truly understand.

It is our goal for you to leave the retreat feeling relaxed, with a continuing support system, a tremendous sense of personal growth and self-awareness for the future.

Where is the retreat located?

We will be staying at the YMCA Trout Lodge on Sunnen Lake in Potosi, MO. This is located 90 minutes outside of St. Louis. Couples will be roomed together; **those attending alone will share a room with another attendee.**



How do I get to the retreat?

If you are flying, you should plan to arrive at St. Louis Lambert Airport (STL) between 9:00 a.m. and 2:30 p.m. on Friday, October 11. You will be met by a C.O.P.S. representative at the airport and transported to the YMCA Trout Lodge by bus. You will be transported back to the St. Louis Airport on Monday, October 14, by 11:30 a.m. Please be sure your return flight is after 12:30 p.m. to allow time for check-in and security checks. Due to recent travel restrictions, we suggest purchasing travel insurance.

If you are driving, you will need to arrive at the YMCA Trout Lodge by 5:00 p.m. on Friday, October 11, and stay through breakfast on Monday, October 14. **Meals and activities are planned; no late arrivals or early departures please.**

What is the cost of the retreat?

Your only expenses will be the cost of your airfare to and from the St. Louis Airport or mileage to and from the YMCA Trout Lodge. If you are flying, C.O.P.S. will provide busing from the St. Louis Airport upon arrival and busing back to the St. Louis Airport upon departure. All lodging, meals and activities are provided at no cost. If you fail to cancel your attendance or do not show up for the program, you may be subject to a participation fee for the following year's program.

Testimonial:

"I knew of the retreat, but honestly didn't think I needed it. Now I don't know how I survived without it. Having peer support has been vital to me. Having someone who, unfortunately, has also experienced a similar trauma has been priceless. I think it takes someone who can truly relate to me to find comfort."

Erin Irish
Surviving Sister-in-Law of
Deputy Walter Mundell
Pierce County (WA) Sheriff's Office
EOW 12/28/2009



Code of Conduct:

This program has a Code of Conduct. Breaking this code will cause immediate expulsion from the program. Cost of expulsion will be the responsibility of the affected participant. A copy of the C.O.P.S. Code of Conduct and Cancellation Policy will be sent to you after we receive your registration request. C.O.P.S. and the counselors working with C.O.P.S. reserve the right to pre-qualify applicants and excuse those who may not be suitable for the program. All decisions concerning the same shall be final.



Limited travel assistance may be available. Contact your local C.O.P.S. Chapter or the C.O.P.S. National Office for additional information.

REGISTER TODAY TO JOIN US

For Assistance Call: 573-346-4911



SCAN ME



Deadline for registration is September 11, 2024. Registrations will NOT be accepted after the deadline date.



This event is organized by National C.O.P.S. The sale of merchandise for any cause other than National C.O.P.S. is strictly prohibited. All merchandise sold or distributed at any Hands-On Program must be approved by National C.O.P.S. prior to the program. This project was supported by Cooperative Agreement No. 2020-PS-DX-K002 awarded by the Bureau of Justice Assistance.



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Concerns of Police Survivors, Inc.
PO Box 3199
Camdenton, MO 65020

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